- Food
- Rescue
- Alliance

# **CATEGORIES**

#### Produce | Kai Hou

Fresh & frozen fruit, vegetables, seeds, nuts, herbs.



Apples, packaged salads, frozen peas, parsely, mushrooms, almonds.

Add your own examples here:

#### Beverages | Inu

Any prepared drink other than animal milk.



Water, soy milk, fizzy drinks, fruit juice.

\*Drink powders, tea bags, dried coffee etc goes in **GROCERY** 

Add your own examples here:

### Dairy | Hua Miraka

Animal milk and milk products.



Cow's milk, flavoured milk, goat cheese, butter, yogurt.

Add your own examples here:

#### Meat | Mīti

Fresh or frozen meat and meat products.



Ham, fish, salami, frozen hamburger patties, pork bones, mince.

Add your own examples here:

#### **Prepared Foods**

Pre-made meals & processed meal substitutes - fresh or frozen.



Ready-to-eat meals, packaged soups, quiche, pasta salad, falafel, 2-minute noodles, filled sandwiches.

Add your own examples here:

#### Bakery | Hua Parāoa

Bread and baked products.



Bread, muffins, pastries and other baked goods.

Add your own examples here:

#### Grocery

Stables, canned, dry and premade ingredients for baking, cooking.



Tinned goods, rice, tea bags, pasta, cereal, flour, pesto, hummus, eggs.

Add your own examples here:

#### **Other Food**

A catch-all for any food that you aren't sure fits into any other category. Also, bulk mixed foods.



Add your own examples here:

#### Hygiene | Akuaku



NON-FOOD

Soap, sanitary items, toothpaste, toilet paper.

# Toys | Pīrori



# Other Non-Food



Animal food, clothes, batteries.

## Plastic | Kirihou



#### Carboard | Kāri Mārō



#### General | Para

